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CLAIMS:

- 1. A synthetic peptide selected from the group consisting of:
- (i) a peptide of at least 12 and at most 30 amino acid residues based on a complementarity-determining region (CDR) of the heavy or light chain of a pathogenic anti-DNA monoclonal antibody that induces a systemic lupus erythematosus (SLE)-like disease in mice (hereinafter CDR-based peptide), a salt or a chemical derivative thereof;
 - (ii) an analog of a CDR-based peptide defined in (i), a salt or a chemical derivative thereof:
 - (iii) a dual synthetic peptide comprising two such peptides of (i) or analogs of (ii) covalently linked to one another either directly or through a short linking chain;
 - (iv) a peptide polymer comprising a plurality of sequences of said peptide (i) or analog thereof (ii); and
 - (v) a peptide polymer (iv) attached to a macromolecular carrier.

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- 2. A synthetic peptide according to claim 1, capable of:
- (i) inhibiting specifically the proliferative response and cytokine secretion of T lymphocytes of mice that are high responders to SLE-inducing autoantibodies; or
- (ii) inhibiting development of SLE in mice that are susceptible to SLE-induction by pathogenic autoantibodies.
 - 3. A synthetic peptide according to claim 1 or 2, being selected from the group consisting of peptides having the sequences 1 to V herein, wherein:
 - (i) the peptide of sequence I has the formula:

$$TGYYX_1X_2X_3X_4X_5QSPEKSLEWIG$$
 [I]

wherein X₁ is Met, Ala or Val; X₂ is Gln, Asp, Glu or Arg; X₃ is Trp or Ala; X₄ is Val or Ser; and X₅ is Lys, Glu or Ala;

(ii) the peptide of sequence II has the formula:

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wherein X_6 and X_7 are each Thr, Val or Ala; X_8 is Tyr or Phe; X_9 is Asn or Asp; X_{10} is Gln or Glu; and X_{11} is Lys or Glu, and X_{12} is Phe or Tyr;

(iii) the peptide of sequence III has the formula:

wherein X₁₃ is Phe, Thr or Gly; X₁₄ is Leu, Ala or Ser; X₁₅ is Trp or Ala; X₁₆ is Glu or Lys; X₁₇ is Met or Ala, and X₁₈ is Asp, Lys or Ser;

(iv) the peptide of sequence IV has the formula:

$$G Y N X_{19} X_{20} X_{21} X_{22} X_{23} X_{24} S H G X_{25} X_{26} L E W I G$$
 [IV]

wherein X_{19} is Met or Ala; X_{20} is Asn, Asp or Arg; X_{21} is Trp or Ala; X_{22} is Val or Ser; X_{23} is Lys or Glu; X_{24} is Gln or Ala; X_{25} is Lys or Glu, and X_{26} is Ser or Ala; and (v) the peptide of sequence V has the formula:

$$Y Y C A R X_{27} X_{28} X_{29} Y G X_{30} X_{31} X_{32} G Q G T L$$
 [V]

wherein X_{27} is Ser or Phe; X_{28} is Gly or Ala; X_{29} is Arg, Ala or Glu; X_{30} is Asn or Asp; X_{31} is Tyr or Phe, and X_{32} is Trp, His or Ala.

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- 4. A peptide according to claim 3, having a sequence la of the formula: TGYYMQWVKQSPEKSLEWIG (la)
- 5. A peptide according to claim 3, having a sequence IIa of the formula: EINPSTGGTTYNQKFKAKAT (IIa)

6. A peptide according to claim 3, having a sequence IIIa of the formula:

YYCARFLWEPYAMDYWGQGS (IIIa)

- 7. A peptide according to claim 3, having a sequence IVa of the formula: GYNMNWVKQSHGKSLEWIG (IVa)
- 8. A peptide according to claim 3, having a sequence Va of the formula:

 YYCARSGRYGNYWGQTL (Va)

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- 9. A dual synthetic peptide according to claim 1 or 2, in which two different sequences I to V in claim 3 are covalently linked to one another either directly or through a short linking chain.
- 10. A dual synthetic peptide according to claim 9, in which two different sequences of the peptides Ia to Va are linked covalently.
 - 11. A peptide polymer according to claim 1, containing a plurality of identical sequences selected from the sequences I to V in claim 3.
 - 12. A pharmaceutical composition for the treatment of systemic lupus erythematosus comprising an effective amount of a synthetic peptide or peptide polymer according to any one of claims 1 to 11, and a pharmaceutically acceptable carrier.
 - 13. A pharmaceutical composition for the treatment of systemic lupus erythematosus comprising an effective amount of a mixture of at least two different peptides in accordance with any one of the claims 3 to 10.
- 14. A method for the treatment of systemic lupus erythematosus comprising
 administering to a systemic lupus erythematosus patient an effective amount of a peptide or
 peptide polymer according to any one of claims 1 to 11.
 - 15. A method of selecting peptides capable of inhibiting the proliferative response of T lymphocytes from a SLE patient, comprising:
- (i) synthesizing a peptide of at least 12 and at most 30 amino acid residues,
 having a sequence based on the CDR region of the heavy or light chain of a pathogenic antiDNA monoclonal antibody that induces a SLE-like disease in mice, or an analog thereof;
 - (ii) testing said peptide or analog for its ability to inhibit the proliferative response of T cells from a SLE patient, or a T cell line or clone which is specific to the 16/6 ld anti-DNA monoclonal antibody to which the T cells are specific; and
 - (iii) selecting and producing said peptide only if it is capable of inhibiting said proliferative response.